**Referral for Occupational Therapy / Physical Therapy**

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Identify the need for OT or PT evaluation by Checking the following areas the student experiences difficulty in:

GROSS MOTOR SKILLS:

[ ]  Seems weaker or tires more easily than other children his/her age

[ ]  Appears stiff and awkward in his movements

[ ]  Clumsy or seems to not know how to move body, bumps into things

[ ]  Tendency to confuse right and left body sides

[ ]  Hesitates to climb or play on playground equipment

[ ]  Reluctant to participate in sports or physical activity: prefers table activities

[ ]  Seems to have difficulty learning new motor tasks

[ ]  Difficulty pumping self on swing: poor skills in rhythmic clapping games

[ ]  Arms, hands, legs, or feet appear deformed or abnormal

[ ]  Difficulty initiating movements or getting started in an activity

[ ]  Cannot arise from a floor without help (holds onto person/object)

[ ]  Makes no attempt to catch self when falling

[ ]  Lacks concern for safety in movements

[ ]  Difficulty transitioning between surfaces types (i.e. grass, cement, tile, or moving

across threshholds.

[ ]  Difficulty carrying classroom materials or lunchroom tray while moving about

[ ]  Unable to sit upright in a chair or on the floor to participate in classroom activities

[ ]  Difficulty maintaining pace/direction when moving in a line with class in the hallway

FINE MOTOR SKILLS

[ ]  Poor desk posture (slumps, learns on arm, other hand does not assist, head to close to work)

[ ]  Difficulty drawing, coloring, copying, cutting, avoidance of these activities

[ ]  Poor pencil/crayon grasp, drops pencil frequently

[ ]  Pencil lines are tight, wobbly, too faint or too dark; breaks pencil more often than usual

[ ]  Tight pencil grasp; fatigues quickly in writing or other pencil/paper tasks

[ ]  Hand dominance not well established (after 6 years of age)

[ ]  Difficulty in dressing; clothing off or on, button, zippers, tying bows on shoes

[ ]  Weak hand strength

[ ]  Tremors (uncontrollable slight shaking of the hand), poor dexterity

[ ]  Difficulty with manipulation of small objects

[ ]  Lines drawn are light; too faint, too dark, or are unevenly spaced

[ ]  Rarely completes written tasks in allotted time frame

[ ]  Seldom reaches to opposite side during writing or table top activities

ORAL MOTOR SKILLS

[ ]  Difficulty Controlling movement of lip, tongue, jaw

[ ]  Cannot blow nose (if older than 4 years)

[ ]  Excessive drooling

[ ]  Chews each bite longer than 10 seconds

[ ]  Takes a long time to swallow each bite or sip (more than 5 seconds)

[ ]  Makes exaggerated effort to chew or swallow each bite

[ ]  Exhibits preference for certain textures or temperatures of food

[ ]  Seldom finishes a meal or snack due to slowness or fatigue

[ ]  Complains of food being “stuck in throat

[ ]  History of frequent or continual colds

[ ]  Frequent choking, especially when drinking

VISUAL MOTOR/VISUAL PERCEPTUAL SKILLS

[ ]  Difficulty discriminating between colors, sizes and shapes

[ ]  Poor visual tracking skills. Cannot isolate eye movements from head movements

[ ]  Poor eye contact

[ ]  Consistent letter or number reversals after first grade

[ ]  Poor directional concepts (preposition words, i.e., in , on under)

[ ]  Difficulty discriminating relevant from irrelevant visual stimuli

[ ]  Poor spatial relations

[ ]  Reads slowly or haltingly

[ ]  Light feathery writing

[ ]  Difficulty naming or matching colors, shapes or sizes

[ ]  Difficulty in completing puzzles

SOCIAL/BEHAVIOR

[ ]  Withdraws from touch, dislikes being hugged

[ ]  Craves tactile stimulation; learns through his/her fingers

[ ]  Engages in self stimulation

[ ]  Becomes easily frustrated

[ ]  Leaves seat often

[ ]  Distractible, hyperactive, impulsive

[ ]  Avoidance of certain types of activities

[ ]  Difficulty learning new motor skills and routines

[ ]  Inconsistent responses to familiar tasks

[ ]  Cannot tolerate changes in plans and routines

[ ]  Has difficulty orienting self to new places

[ ]  Has trouble keeping hands to self

[ ]  Dislikes feeling of certain types of clothing or material; bothered by tags in shirt